

INFORMATION AND BOOKING FORM

**Unitarian Discovery Holiday
Monday 16th July to Friday 20th July, 2018**

**"Mountains and Molehills"
All Things Great and Small**

"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you and the storms their energy, while cares will drop away from you like the leaves of Autumn." John Muir

*"At the end of the day, I can end up just totally wacky, because I've made mountains out of molehills. With meditation, I can keep them as molehills."
Sir Ringo Starr*

**A holiday with some educational and spiritual content
A community of supporting friends old and new
Looking forward to seeing you**

**At
The Nightingale Centre
Great Hucklow
Buxton
Derbyshire
SK17 8RH**

**All initial enquiries about Unitarian Discovery Holiday and the Content to:
Marjorie Walker, Treasurer, 236 Clement Rise, Dedridge, Livingston, EH54 6LR
Tel: 01506 493612 / Mobile: 07718 106732**

(If Marjorie is unavailable please leave a message and she will get back to you) or alternatively call Margery MacKay, Secretary on 0131 664 6675)

See Unitarian Discovery Holiday on the website below:

Website: <http://www.ukunitarians.org.uk/discovery/>

"Mountains and Molehills" **All Things Great and Small**

Introduction:

This is a holiday with some intellectual and spiritual content. We aim to attract both people new to Unitarianism and long standing members and friends. Everyone is welcome and participation in any activity is entirely voluntary. There will be time to relax, sing, worship and walk or explore the beautiful Derbyshire countryside.

We have two theme speakers this year who will offer workshops on aspects of the theme. You make the week what it is. Unitarian Discovery Holiday will run from dinner on Monday 16th July 2018 (You can arrive any time after 14:00 hours on that day) until after lunch on Friday 20th July 2018.

Theme Speakers:

Tuesday 17th July 2018 Ralph Catts "An Aspect of Mountains and Molehills"

Thursday 19th July 2018 Andy Phillips "Peak Experiences"

Relaxation Time:

Relaxation Time will include some of the following: Walking, Music Appreciation, Singing together, Reading Fables or literature together, Craft, Fun, Chatting to friends or exploring Derbyshire.

Spirituality:

Spiritual needs are catered for throughout. Mornings begin with reflections and there will be closing reflections in the evening. On Wednesday Evening there **may** be a possibility of having a Service of Worship in the Great Hucklow Chapel. A Social Event will take place on Thursday when you can share readings, music, art, talents, something that has moved you. If you wish, please bring something to share.

Music/Singing:

There may be some time for singing together very informally. If you play a small musical instrument you may wish to bring it.

Free Day:

On Wednesday you are free to make your own arrangements or join an organised outing. This will be dependent upon numbers and transport availability. You will be provided with a packed lunch on the Wednesday.

Location, Location, Location:

The village of Great Hucklow is situated in the White Peak (limestone) area of Derbyshire. It is accessible by public transport from Sheffield, Chesterfield and Buxton. The surrounding area has plenty to interest the visitor including well dressings, sacred places and stately homes. Information is available at the centre including bus timetables. See the Nightingale Website www.thenightingalecentre.org.uk

Pre-Conference Bulletin:

A short Pre-Conference Bulletin giving more information such as travel directions and suggested items to bring with you, house rules etc. will be issued by the Unitarian Discovery Holiday Committee about a month before the start of your holiday.

Children and Teenagers:

UDH is designed to cater for adults and while children and teenagers are welcome, there is no special programme planned for them.

Accommodation:

The Centre has 30 attractive bedrooms providing centrally heated accommodation for 78 residents. The 3 single, 17 twin/double, 5 triple and 3 family rooms all have either a wash basin or en-suite facilities and there are ample shower/toilet facilities. Some rooms are suitable for people with special needs. In all bedrooms coffee/tea making facilities, towels and soap are provided. **The accommodation is full board.**

Facilities:

The centre contains two pleasant lounges, a meeting room, a dining room, a small library / internet room, a conference room, and a conservatory area and garden. All key areas are wheelchair accessible. Hot drinks/filtered water is available in the dining room at any time at no extra charge.

We will be sharing the centre with another group again this year. This does not impinge on our activities as they will only be using the Conference Room and sharing the dining room. We will have sole use of the other communal rooms.

Meals:

Accommodation price includes **ALL** meals.

Special dietary needs (e.g. vegetarians, allergy sufferers, etc) should be notified in advance on the booking form, as should any other requirements.

Conference Fee-charged by Unitarian Discovery Holiday (UDH)

A Non-Refundable Conference Fee of £47.00 per Adult is payable directly to the Nightingale Centre when booking. There is no conference fee charged for children under 12 years old. The conference fee is used by the committee to run the event, for fees and expenses for workshop leaders, theme speakers, and pre-conference publicity and administration.

Accommodation Deposit

You also need to pay the Accommodation Deposit of £ 20 per person when making your booking.

The Conference Fee of £47.00 and the Accommodation Deposit of £20.00 - **totalling £67** must be paid directly to the Nightingale Centre when you book your Unitarian Discovery Holiday. Please make **the cheque payable to the Nightingale Centre**. The £20.00 Accommodation Deposit will be deducted from the total cost of your holiday when you pay the balance due. See page 4 for methods of payment.

Ideally we would like you to book by 30 April 2018

The Nightingale Centre - Basic Accommodation Charges inclusive of 20% VAT for Unitarian Discovery Holiday

The final charge made by the Nightingale Centre will be dependent on your individual accommodation needs. An indication of the price is given below. The Centre will advise you of your individual total amount by email or when you phone about your balance.

The cost of Unitarian Discovery Holiday from Monday 16 July 2018 (dinner) to Friday 20th July 2018 (lunch) is:-

Shared standard room £248

Ensuite room £268

Any special accommodation needs should be discussed with the Nightingale Centre, including if you wish to book accommodation for additional days or wish to attend on a part time basis. Please call the Nightingale Centre immediately about your requirements. In May or early June please call the Centre to discuss the balance due to them.

The final balance for your holiday should be made no later than Friday 15th of June 2018.

Conference Fee, Accommodation Deposit and Final Accommodation Payment:

If you are paying by cheque, the cheque should be made payable to the Nightingale Centre.

You can pay The Nightingale Centre by BACS as follows:

CAF Bank, Sort Code 40 52 40 and account number 00017812, Surname and Group as reference.

If you are paying by credit /debit card you must phone the Nightingale Centre telephone number 01298 871218 to pay.

Cancellation: Contact the Nightingale Centre immediately if you need to cancel

If you have to cancel your visit, then:

- Your accommodation deposit and UHD Conference fee will be forfeited.
- Whilst The Nightingale Centre will make every effort to re-let the accommodation if the notice of cancellation is given within 90 days of the intended visit and a re-letting cannot be made, you will be charged 65% of the cost of your accommodation, thereafter 100% will be charged.

You are strongly advised to take out travel insurance to cover these costs in case you have to cancel your booking due to unforeseen circumstances as neither the Nightingale Centre nor Unitarian Discovery Holiday can accept any responsibility for this, neither do they accept any responsibility for loss, theft or damage to personal belongings during the holiday.

In the event that you have to cancel the Nightingale Centre rules on cancellation will apply and you should speak to the Manager about this on 01298 871218 or email: info@thenightingalecentre.org.uk if you have any concerns about the cancellation.

Extend Your Stay: If you would like to extend your stay at the Nightingale Centre there may be the option of booking extra days at the beginning of the event. This depends on availability and you must contact the Nightingale Centre directly to see if there are any places available.

The above information is for you to keep

Unitarian Discovery Holiday Booking Form 2018

(Monday 16th July to Friday 20th July 2018)

To reserve your place at UDH, please complete and send pages 5-8 of the booking form, together with a cheque * made payable to 'The Nightingale Centre' for £67 to:

The Manager, The Nightingale Centre, Great Hucklow, Buxton, Derbyshire, SK17 8RH

The final balance must be paid to the Nightingale Centre by **15 June 2018**. Please phone them in June to discuss the final payment. You can make the final payment by cheque, electronic transfer or pay by credit card over the telephone. (Tel No: 01298 871218)

*Please see page 4 of this brochure for full details about methods of payment.

The Centre's rules regarding bookings, payment times and cancellations will apply.

SECTION 1 – Names of Attendees

Names(s)
.....
.....

Address
..... Postcode

Tel. e-mail address

If there is more than one person in your party, add their names and addresses here (and if your name could be either male or female please indicate M/F)

.....
.....

Please provide name and date of birth of any person who will be under age 17 on 18th July 2018

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SECTION 2 -Room Reservations

We / I require (please tick)

- A Family Room for 4 people
Adults Children
- I need a room with facilities for a Person with Special Needs:
Name..... and Carer
- Single Room – (If a single room is unavailable, I would be willing to share: Yes No)
- Twin bed Room
- Twin Room En-suite
- Double Room En-suite
- Triple bed Room
- Triple Room En-suite

Please state who you want to share with (if known).....

Part-Week Attendees / Extended Stay

If you can attend for only part of the week or you want to extend your stay before UDH (accommodation being available). Please indicate here the days you will be present.

Date of arrival Time

Date of departure Time

DAY VISITOR – If you are attending for the day only, the Nightingale Centre will charge you their **Day Charge**. Please call them for details of the prices and then complete and return the booking form to them.

- Tuesday Thursday
- I would like to book lunch (12.30)
- I would like to book dinner (17.45)
- Or both lunch and dinner

ALL ATTENDEES WITH SPECIAL NEEDS
(This information will be treated in strictest confidence)

INDICATE HERE ANY SPECIAL NEEDS:

i.e. Allergies, dietary requirements, physical / mental disabilities, mobility problems

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In the event of an emergency it is important that we have medical information. Please advise here.

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.....

Signature.....**Date**.....

SECTION 3- Information Relating to Unitarian Discovery Holiday Itself.

Assistance from UDH: Limited Financial assistance may be available via the *Unitarian Discovery Holiday Treasurer* if you are a student, on income support or unwaged. Please indicate here if you need to apply and the treasurer will phone you.

Your name and contact details including telephone number and email address will be entered into our secure database in case we need to contact you. We compile a list of guests' names to circulate with the pre-conference bulletin. Please tick the box if you do not wish your details to be included in this list.

If you need assistance in reaching Great Hucklow please tick / give details:

I need a lift from Sheffield or Hope Railway Station.....

I can offer a lift from Sheffield or Hope

THE EVENT IS ENHANCED BY YOUR PARTICIPATION.

Please note that most of the Workshops are in-house. You make the holiday what it is so please indicate below some of the activities you (or members of your group) would be willing to take part in.

MORNING AND EVENING REFLECTIONS

Lead Morning Reflections (8.00-8.20).....

Share Morning Reflections with another person (8.00-8.20).....

Lead Reflections (after evening meeting)

Share Reflections (after evening meeting) with another person.....

If you are willing to provide musical accompaniment (hymns etc) please specify instrument

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BAR ROTA The Centre is licensed and each evening we have social time between 17.00 and 17.45

Please indicate if you would be prepared to serve drinks during this time.

SOCIAL EVENT: If you want to participate in this event you may like to list here what you will do e.g. share readings, play music, display art, talents, (spiritual and/or secular).

Please list.....

BOOKING FORM TO POST

ADDITIONAL HELP

If required, I would be willing to chair / facilitate / lead an extra activity such as a discussion arising from the theme or a session on an appropriate interest. Please indicate your talents, including any technological skills, and knowledge that you might be able to share. eg. wild flowers

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FIRST AID CERTIFICATE

Please tell us if you have a current first aid certificate.

Please return the completed UDH Booking Form (Pages 5-8) with your Total Deposit of £67.00 for the full holiday to:

The Manager,
The Nightingale Centre,
Great Hucklow,
Buxton,
Derbyshire,
SK17 8RH

I enclose the Completed Booking Form and Deposit as below:-

Accommodation Deposit: £20.00 per person payable now

UDH Conference Fee: £47.00 per person payable now

Total deposit enclosed £_____ (Make any cheques payable to the Nightingale Centre)

Signature.....Date.....

All Accommodation Enquiries and Payments to:

The Manager, The Nightingale Centre, Great Hucklow, Buxton, Derbyshire, SK17 8RH

Telephone No: 01298 871218

Email: info@thenightingalecentre.org.uk

Enquiries about Unitarian Discovery Holiday in general and regarding content to:

Marjorie Walker – Unitarian Discovery Holiday Treasurer

Telephone: 01506 493612 / Mobile: 07718 106732

Margery MacKay – Unitarian Discovery Holiday Secretary /

Telephone: 0131 664 6675

margerymackay@btinternet.com

UDH Website: <http://www.ukunitarians.org.uk/discovery/>

You are reminded that neither Unitarian Discovery Holiday nor the Nightingale Centre can accept responsibility for personal loss or injury or cancellation costs. We recommend that you take out travel insurance to cover these eventualities.