



THE YORK UNITARIAN

St. Saviourgate Unitarian Chapel, York, YO1 8NQ
September 2021

FROM THE MINISTER

Nowadays there is no shortage of themes for any given Sunday, weekday, week or month. September is, amongst other things,

- piano month,
- preparedness month and
- mushroom month.

The first week of September alone includes

- Letter Writing Day,
- Skyscraper Day and
- Ginger Cat Appreciation day.

When I watched the *West Wing* episode in which a staff member mocked an intern for wearing a Star Trek badge to work and teased her about wanting to celebrate the fictional holiday of Star Trek day, I was disappointed that there apparently wasn't a real Star Trek day. I have fond memories of watching Unitarian minister Reverend Richard Boeke talking on a BBC documentary about the spiritual principles embedded in Star Trek, and I've always thought trekkies deserve more respect than they get. So I was pleased to discover that *West Wing* lied to me. In fact there is an official Star Trek day. It falls on September 8th, the date the series premiered. But if Star Trek isn't your thing, don't worry, September 8th is also

- Quiet Day, Actors' Day and
- Iguana Awareness Day.



If I had to pick just one theme for the month of September, it would be appreciation for our planet. I was initially prompted by the fact that *Big Green Week* is the 18th to 26th September (<https://greatbiggreenweek.com/>) and York marks its *Environment Week* at the same time (<https://yorkenvironmentweek.org.uk/>).

Of course there's never a wrong time to, in the words of June Bell's wonderful hymn, celebrate our 'wide green world' (purple hymn book 216) with its:

- 'clear blue skies' and
- 'moon-tugged oceans' and to remember
- 'we are part and parcel' of our planet

and have a responsibility to 'share and love' it. But perhaps this is a particularly right time.

We're coming into harvest season, with berries ripening, crops being gathered in, and birds beginning to fly south for the winter. Although every season is special, to me there's something particularly wonderful about this tipping point from summer to autumn, which also aligns with the new academic year, making September a time of both endings and beginnings. So it seems entirely appropriate that this month

we consider our commitment to the future of our planet ahead of COP26, celebrate the progress we have already made towards becoming a green church, ask ourselves what more we can do, and appreciate

'life in desert, forest, mountain,
life in stream and springing fountain' –

yes, including the mushrooms! *Stephanie Bisby*

A MONTH OF SUNDAYS

In Chapel and on zoom
at 11.00a.m.

Sunday 5 September

Revd Stephanie Bisby
Listening to the trees
Music by David Hammond
Zoom host: Stephanie Bisby

Sunday 12 September

Claire Lee
*'Out beyond ideas of wrongdoing and
rightdoing there is a field - I will meet you
there..... (Rumi)*
Music by Helen Drewery
Zoom host: Janet Eldred

Sunday 19 September

Revd Stephanie Bisby
Wide green earth
Music by David Hammond
Zoom host: Claire Lee

Sunday 26 September

Laura Cox
Just breath
Music by Myrna Michell
Zoom host: Stephanie Bisby

ABOUT PEOPLE

- Our best wishes to *Karen Innes* and *Tom Lavelle* who were married in the chapel on Saturday 14 September 2021 with the minister officiating.
- It has been a joy on recent Sundays, to welcome chapel member *Sue Catts* back for a while from Australia.
- Congratulations to *Joyce Fletcher* for her 90th birthday.
- Welcome to *Louise Lewis* as our new Chapel cleaner. Her usual working day is Friday.
- *Stephanie Bisby* has been appointed as quarter time minister with Bradford Unitarians in addition to her half time ministry at York.

YORKSHIRE UNITARIAN UNION (YUU)

on line (zoom) Joys and Concerns
7.00p.m. Tuesday 21 September

MUSIC IN THE CHAPEL

Friday Lunchtime Concerts 12.30p.m. £5 (cash only)

Friday 10 September 12.30p.m.
*Eleanor Kornas, Paul Milhau, and Molly
Reinker Morgan (piano, violin and violin)*

Friday 24 September 12.30p.m.
Nina Savicevic (piano)

York Chamber Music 2021 1.00p.m. £10

Friday 17 September 1.00p.m.
Tim Lowe (cello) and John Paul Elkins (piano)
Beethoven, Schumann and Rachmaninov

Saturday 18 September 1.00p.m.
John Paul Elkins (piano)
Beethoven and Liszt

OTHER EVENTS IN SEPTEMBER

Poetry Group

Wednesday 29 September
Contact person: Dee Boyle

Meditation Group

11.00a.m. Thursdays
In chapel and on zoom
Contact person: Dee Boyle

Discussion Group

will be discussing 'race'
Tuesdays 14 & 28 September on zoom
Contact person: Stephanie Bisby

York Interfaith Group

Prof. Tom McLeish
'Stories of science and religion'
Tuesday 7 September
'Join Zoom Meeting:
[https://us02web.zoom.us/j/88186920284?
pwd=WEVoV0ZtYzE3dURkTmFRVlYyZjZ2dz09](https://us02web.zoom.us/j/88186920284?pwd=WEVoV0ZtYzE3dURkTmFRVlYyZjZ2dz09)

Soon Amore choir rehearsals

every Monday evening 8.00p.m. - 9.45p.m.

HYBRID WORSHIP

Saturday, 18th September from 11.00 a.m. -
3.00 p.m. (with a mid-session break) [https://
www.eventbrite.co.uk/.../free-training-
for more information
see the article in August magaziner](https://www.eventbrite.co.uk/.../free-training-)

FROM THE CHAPEL COMMITTEE

- The Chapel Committee met on Sunday 22nd August. Opening words were given by *Dee Boyle*. Apologies were received from *David Zucker*. The previous meeting's minutes were adopted.
- There was a review of sub-committees. It was noted that the sub-committee navigating the CIO process no longer exists. A 'zoom' group consists with *David Zucker, Claire Wilton, Nick Morrice* and *Dee Boyle*.
- A chapel membership application from *Alison Morgan* was accepted with great pleasure. The annual membership service will be held in October.
- The chapel is open again for Sunday services and for other events. 3 side pews are set aside for those preferring 'social distance' and backyard door left open to ensure a flow of air. Services continue to be zoomed but now from the chapel.
- The installation of 'Tech Project' equipment (camera, screen etc) continues. More 'know how' will be forthcoming. 'Where to store?' the screen was discussed. The possible appointment of a paid zoom/tech host to be explored.
- Barbara Barnes reviewed new Chapel library books. There is to be a review of the existing book stock.
- *Nick Morrice* has agreed to be the 'overseer' of the chapel heating system.
- Jenny Jacobs will convene a Saturday chapel website brainstorming session.
- The treasurer, *Richard Brown*, gave a healthy financial report. However, this has been a year without lettings income. The suggestion of a minimum membership fee is unnecessary.
- This year's chapel *Big Sing* with the U3A choir is on Friday 8 October at 3p.m. with John Issitt hosting. All donations will be divided between the York Rescue Boat and Nepalese causes.
- York 'City of Sanctuary' to which the chapel is affiliated is preparing for the arrival and support of a number of Afghan refugees.
- There will be a Tin Harvest on Sunday 3 October collecting tins for the Trussell Trust.
- The *Minister* and *Janet Eldred* have been giving practical thought to the future editorship of the chapel magazine from January.
- The minister has celebrated a wedding (the first under new regulations) and a child blessing (details elsewhere).
- Future events - our annual sale at the St. Crux site on Stonebow will be on Saturday 16 October. York's 2022 *Residents' Weekend* will be 29/30 January. Suggested theme chapel's 350 years past and future

ST CRUX SALE 2021

Saturday 16th October 10a.m.-4p.m.
The sale at St. Crux is our major fundraising event for Chapel funds.



We need items to sell – crafts, unused gifts, or items bought by mistake and not used, good quality books, plants, jams and cakes, and good quality bric-a-brac. Please start collecting these at home now, and bring things into the Chapel in due course. We will also need donations of cakes and other food items for the cafe on the day; also as many volunteers as we possibly can get. There will be a sign-up sheet on the notice board for you to sign up to help. Please keep the date free. St. Crux Hall is on Whipmawhopmagate at the corner of the Shambles and Stonebow.

WALK TALL AS THE TREES

Live strong as the mountains
Be gentle as the spring winds
keep the warmth of the summer sun
in your heart
and the Great Spirit
will be always with you.

UNI-NEWS AUGUST 2021

This Uni-news has a special focus on future generations of our Unitarian and Free Christian movement. We know that investing in our collective future means listening to the voices of young people, particularly as they are under-represented in our movement right now.

IMAGINING THE FUTURE: AN INVITATION TO GEN Z AND MILLENNIAL UNITARIANS

We want to hear the voices of younger adults. What are your wishes for Unitarianism in decades to come? What are your hopes for society as we move beyond pandemic? What are the big issues that you're concerned about right now? What are the important issues in your own life? How do you wish to be in service to your community and wider society? What questions are you holding in your own spiritual enquiry? Join our open forums to share your perspectives with the GA's Chief Officer Liz Slade, and connect with other Unitarians your age. Session 1: Gen Z (roughly 18-25 year olds) Wednesday 15 September, 6pm [Register Here](#). Session 2: Gen Y / Millennials (roughly 25-40 year olds) Wednesday 29 September, 6pm [Register Here](#).

BAKE OFF CHALLENGE

In November 2020, the Children's Group at *Edinburgh Unitarians* held a Bake Off



competition based on the popular TV show. The initiative was a great success with participants commenting on how much they enjoyed the experience. Check out Leo and Cora's rice krispie chalice above. Inspired by the group's

sense of play, the Unitarian Youth Programme is teaming up with [The Inquirer](#) to launch our very own Bake Off Challenge. We've decided to open the challenge to all ages as we know that there are some very talented bakers across our denomination. We'll be in touch with more

details when we have them. [If you'd like more information please contact Gavin Howell, GA Youth Coordinator.](#)

WELL DONE TOM

A couple of months ago Tom, one of our former youth programme participants and a founding member of Bad Coffee Club, applied to join the [Soul Matters Sharing Circle Youth Packet Research Crew](#). He was successful in his application and for the post while he, along with his new crew, have been working on their first piece of work – a youth pack on the theme of 'Embracing Possibility'. [Click here and scroll to the very bottom of the page to where it says 'Sample Youth Group Packet' and click on 'Download File'](#). Even better, Kate Covey – Director of RE for Soul Matters Sharing Circle, has informed us that they will donate a subscription of the Youth Packet to any congregation internationally who can use it.

THANK YOU BLESSED

It was great to see *Blessed*, a Unitarian Youth Group based at [Gellionnen Chapel](#), offer a Unitarian perspective at the most recent Religions for Peace Youth UK event on the theme of, 'My faith and the environment.' They gave a great account of themselves, their chapel and our Unitarian faith community. [You can view their short presentation here.](#)

GA CONGREGATIONAL LEADERSHIP SUPPORT GROUP

The GA Congregational Youth Leader Support Group has been up and running now for over a year. It's purpose is to make a supportive space for congregational youth leaders to meet and develop a form of youth and family ministry which is 'in harmony' with the needs, wishes and capacity of their respective congregation. The group has been a great success. [If you're a congregational youth leader and would like to find out more, or even better join us, then contact Gavin Howell – GA Youth Coordinator.](#)

THE NIGHTINGALE CENTRE, GREAT HUCKLOW

The General Assembly, [Unitarian College](#) and [The Nightingale Centre](#) have started a conversation on what might be possible regarding the resumption of youth residential weekends at The Nightingale Centre. It's early days but we hope to be able to offer an update soon

DIVERSITY IS NOT JUST A DANCE TROUPE

*The sermon by Stephanie Bisby
on Sunday 1st August 2021*

DIVERSITY

We're Unitarians. What does that mean? One thing I think most of us would like to think it means is that we're pretty good at getting on with each other in spite of our differences, and pretty good at accepting others who think differently from us. We might not accept the doctrine of the Trinity, but we don't hate people for holding it either. Maybe some of us even have a sneaking sympathy for the idea that whatever that special thing is that we don't exactly know how to talk about, it might be complex enough not to be contained in just one identity. And if it's going to have more than one part, then there might be worse ways to think about those parts than as the vulnerable human part, the protective parent figure and the intangible spirit. We can handle diversity. We know that some of us believe in something that we call God, and others believe in it and choose to call it by a different name, or none, and others are frankly baffled by the whole idea. And that's fine. Some of us come from inside the liberal Christian tradition, some from outside it, and some from other traditions entirely, and that's fine too. Theological diversity, we handle.

And then there are the other aspects of diversity which have been at the forefront of conversations both inside and outside our denomination for the last year or two. Even if we've got a way to go on the racial diversity front, we're part of the conversation. We've watched programmes and read books and articles in *The Inquirer*, and there are some books in our library upstairs. I haven't spotted so much on gender and relationship diversity upstairs, so perhaps we could consider adding to our library with the odd copy of something like *Life Isn't Binary*, *Trans Britain* or *Trans Like Me*. But again, it's an issue most of us are aware of, and while we might not always know exactly the right language for every situation, we'd certainly do our best to make everyone who steps



through the door feel welcome regardless of their race, class, gender or relationship choices.

Of course, that's assuming they step through the door at all. Our story this morning reminded us that some take the ramp and some take the stairs, and thanks to Peter [Exley]'s talents and hard work we do now have a lovely smooth ramp at the doorway, so that's a great way of making sure all are welcome here. And yes we're continuing for the foreseeable future to zoom at least the vast majority of our services, to make them available to people who can't physically be here – or at least can't physically be here at 11am on a Sunday – and we're doing our level best to make sure – to paraphrase the Unitarian Universalist Association minister who led yesterday's training session on hybrid worship – that if the people in the room and the people on zoom don't exactly have the same experience, they have one that is, overall, equally valuable. Okay, the technology is relatively new, and sometimes we mess up a bit, but we're all pretty tolerant of those times.

KNITTING?

When it comes to 'freedom, reason and tolerance', well, we're getting our freedoms back, piece by piece, and we've got reason and tolerance pretty well handled, right? Except when we haven't ... It's not surprising, really. We're all human beings, and we all have little things that drive us crazy. I'm in a few online book groups and have spent more time than is entirely sensible commiserating with fellow pedants about typos and grammatical errors that have detracted from otherwise excellent books.

I wonder if anyone here has a pet peeve? I remember a schoolteacher mocking someone in my class for saying 'could of' instead of 'could have' and I've never quite managed to shed the echo whenever anyone uses that phrase, although I know it's becoming more commonplace, as is the use of 'myself' on occasions when traditional grammar would suggest that 'me' was perfectly fine. Then there's 'I was sat' and 'wait while the kettle's boiled', both perfectly acceptable in many parts of Yorkshire, but puzzling on the page, especially if the character's not supposed to be local

Probably many of us have been told, in the words of refugee poet Yousif M. Qasmiyeh, “my dialect is not as pure as it should be” or perhaps we have challenged someone else because they have “failed to preserve what [they] have inherited.” “But in truth” we all learn this way. “I just heard noises and without even knowing how or why, I accumulated some in my pockets and ran away.” No wonder we don’t always express ourselves perfectly.

Maybe your bugbear isn’t grammar. Maybe there’s a particular smell that drives you nuts – I detest the smell of broom plants, though I know for many people they’re a welcome reminder of summer. And I love the smell of cut grass, but I have at least one friend who finds it a thoroughly distasteful reminder of teenage chores. Or what about sounds? Can you settle to quiet meditation if there’s a fly buzzing, or birdsong outside the door, or perhaps a puppy squealing and scratching? How about if the person sitting next to you is knitting? In general I’m pretty good at incorporating nature sounds, and I can just about manage the sounds of the city outside, but that particular high-pitched clack of hard plastic needles goes through me like chalk on a blackboard. Though come to think of it, I also have one friend who loves the squeal of chalk on a blackboard! Truly we are a diverse bunch.

I wonder what you thought when I asked about the person sitting next to you knitting? Would that be considered surprising? Maybe a bit rude? I’ve yet to spot anyone knitting in church here during one of my services, though I’ve been in other settings where it’s commonplace. And I wonder, during the time we’ve been on Zoom, whether anyone has found themselves knitting or crocheting or sewing during the service, albeit perhaps with the camera turned off? And if you did, I wonder if you found that it got in the way of your concentration or helped it? How about doodling? I’m an inveterate doodler - I can’t draw at all, but I was very lucky at school that we were allowed to have a general book that we didn’t have to hand in, alongside the official exercise books we did. Mine was always full of patterns and squiggles and not infrequent games of noughts and crosses, which would certainly have got me into trouble if I’d used my actual exercise books. It probably looked quite a lot as if I wasn’t paying attention, but actually my doodling and playing were what allowed me to stay quietly seated for hours at a time – which is

definitely not a natural tendency for me. So when my friend who likes to knit in church explained that it helps her pay attention, that made absolute sense to me. We just agreed that maybe in view of how distracting I found the sound and motion, it was better if we sat next to each other at lunch afterwards, rather than during the service itself.

But if you think knitting in church is contentious, what about using a mobile phone? If you’re somebody who leads worship here, and you see someone sitting in the pew in front of you, mobile phone in hand, tapping away at the screen, what would be your instinctive reaction? I’ve spoken to some people who said they’d be scandalised no matter what. *You just don’t*. Others would make the charitable assumption that the person had a good reason, maybe needed to answer an urgent text or make a quick note of something they needed to do later, so that they could then return their attention to the service. But in general, it isn’t something we expect to see, and people often interpret negatively. I’m reminded of an advert, which I would have liked to show you, but couldn’t manage to track down, showing a series of young people making use of mobile devices, coupled with the assumptions that were being made about them by others – wasting time, playing games, scrolling through facebook – followed by what they were actually doing – ordering an online delivery for Nana, helping kid sister with homework, programming their first app. And okay, we don’t necessarily want those things to be going on during a service – though there are worse things to do – but what about hopping online to buy a book the worship leader mentioned, while you still remember its name? Or putting an event from the notices in your online calendar? We all interact with the world in our own ways, and if we want to attract a diversity of ages and attitudes, we also need to be willing to work with diverse ways of seeing and engaging with the world.

CHILDREN OF HUMANITY

I said that the beginning that we’re pretty good at getting on with each other in spite of our differences. But I wonder whether sometimes we need to go a bit further, and begin getting on *because* of our differences. As the research quoted by Matthew Syed in his fascinating book *Rebel Ideas* demonstrated, groups are more effective when they don’t think alike. More

important even than racial diversity, diversity of gender, relationship, age or class, when it comes to the effectiveness of a group, is cognitive diversity. We need our artists and poets, our musicians and our historians, and we need our doctors and our scientists and our architects and our builders. We need those with different life experiences – Syed’s book points out that a surprisingly high proportion of household names in business are immigrants or the children of immigrants – or perhaps that’s not surprising. Estee Lauder, Henry Ford, Elon Musk and Walt Disney all brought their experiences of different cultures to bear on the industries they joined, and as a result, love them or hate them, they’ve had an impact on a huge number of lives, from employees to customers the world over. Syed also points to the increasing frequency of academic papers being written by teams, often multi-disciplinary teams, because – to use a deliciously mixed metaphor – “Successful scientists are not just those with deep knowledge of their own terrain, but those who have the imagination to peer out into the broader constellation, looking for meaningful cross-pollination. This is how they discover rebel combinations.”

Perhaps we could say that “successful churches are not just those with deep knowledge of their own heritage and spiritual terrain, but those who have the imagination to peer out into the broader constellation, looking for meaningful cross-pollination.” As our story suggested, some kids are good at science and math, some kids take a whole ‘nother path. And all those paths are valid. Yes, grammar purists like me, that even includes ones that leave the ‘s’ off the end of maths!

We began today with words from the Gospel of Thomas.

“When you make the two into One, you’ll become Children of Humanity, and if you say ‘Mountain, go away!’, it’ll go.”

Maybe I’m a little too rational-scientific to expect mountains to go walkabout by themselves, though certainly the power of cooperation can move mountains. But more importantly, when we don’t just look past our differences, but look at the dazzlingly brilliant display of diversity and accept it in all its glory, we become Children of Humanity. And that seems like a pretty good place to start.

YORK CITY OF SANCTUARY and AFGHAN REFUGEES

A Friday update for everyone offering help and donations.

1. Offers of accommodation. At the moment PRIVATE RENTAL accommodation is the priority. If you have a flat or house to rent (not a room), or know someone who does, please DM us or contact@yorkcos.org.uk OR York City Council refugeesupport@york.gov.uk
2. Please hold on to clothes, household items, small furniture at this stage until we know who is coming. Lots of offers of donations are coming in and we thank you. We are sure they will be used, but we need to just wait a little.
3. Offers of help with your time & skills - once we have news of numbers and what is needed we will contact you
4. Financial donations - this is very needed and if you are able to donate, please do so, even a small amount will help us buy essentials such as toiletries, toys, and other small items to make the refugees feel at home when they arrive. You can donate from our website <https://york.cityofsanctuary.org> or contact us directly. 100% of ALL donations go to the refugees
5. Businesses in [#York](#). If you are a business owner or know a business in York, we are looking for donations both practical (toiletries, clothes, small electrical goods, kitchenware etc.) and financial help.

OTHER REFUGEES

YCoS is going ahead to invite refugees already in the UK for a ‘Welcome to York’ visit as in the past. They hope to welcome 4 refugee families from the Richmond and Darlington for a day trip to York. Our Chapel will be a base for the day and we will have a ‘bring and share’ meal with them; also a snack before their journey back home. Please contact the social action group (Barbara Barnes, Dee Boyle, Meike Dux-Harrap, Joan Sinanan and Claire Wilton) if you can help. The date suggested is Saturday 30 October. YCoS will need volunteers ‘mini tour guides’ to show groups around York. We will need help in chapel throughout the day. We have helped with visits like this in the past and so it is good that we have been asked to support them again.

Contact Dee to help in chapel on 30 October – deeboyle@gn.apc.org & Paul Wordsworth paul@yorkcos.org.uk to help with tours of York on that same day. Bye for now *Dee Boyle*

INVITATION TO SELF REALISATION

Not everyone may be aware of the Self-Realisation Fellowship group which meets at Chapel from 5 to 7pm several Wednesday evenings a month for meditation and mutual support. Founded in 1920 by Paramahansa Yogananda, the Self-Realisation Fellowship is a worldwide fellowship devoted to the discovery of peace, joy and prosperity in everyday life through a form of meditation called Kriya Yoga. Nick Morrice, on behalf of the Chapel's group, has kindly invited Chapel members to visit on 23rd September at 7.30 (i.e. after their usual meeting) for a short talk and discussion about the history and practice of this form of meditation. More information is available at the fellowship's website: <https://yogananda.org/>

NB: Thursday morning meditations also continue weekly in Chapel (with an option to join by zoom) from 11am to noon, followed by time for food and chat - currently we are bringing our own packed lunches to avoid visiting busy town centre venues.

PLEASE HELP NEPAL

Joan Sinanan writes: The people of Nepal are in a desperate situation. Not only are COVID vaccinations in very short supply, but basic foodstuffs are needed urgently.

Rather than wait for your most welcome and greatly appreciated contributions to their welfare, the committee decided to go ahead, and send £500 on our behalf, to "Chance for Nepal", a reputable and well recognised charity, with which Nick Morrice has personal contact.

The year before last, the congregation sent the same amount, and received both thanks and photographs detailing the distribution of bags of rice, lentils, and other basics. We know that you will be keen to support the Nepalese, so please send a contribution to Richard Brown, our Treasurer, with "Gift for Nepal" stated as the recipient.

The banking details are as follows. York Unitarians CIO Sort Code. 40-52-40. Account No. 00032702. Should you prefer to give cash or a cheque at Chapel, any member of the committee will happily forward this to Richard for our account. If you would like to post your cheque, please send it to me, at 10 Vine Street, York, YO23 1BB. Many thanks for your help *Joan Sinanan*. (On behalf of the Social Action Team, and the Committee.

USEFUL CONTACT DETAILS



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the Officers

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If you would like to make a one-off donation to York Unitarians CIO by BACS, the details are:
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Account number: 00032702
A Monthly Standing Order is particularly welcome; please also consider GiftAid if you are eligible for tax.
Contact the Treasurer Richard Brown